



# WHAT TO BRING

## MEDICATION

All medication prescribed by your doctor and medication for cold, nausea, and intestinal concerns.

## SUNSCREEN

## SUN HAT

## SUNGLASSES

## INSECT REPELLENT

with the highest amount of deet in a pump container not aerosol

## CLOTHING

should be light colored cotton or breathable material. Bring sufficient clothing to last a few days but remain within the 15 kg luggage allowance for the small planes. There is laundry service at the lodges and camps for your convenience.

## PANTS

if you have them pants with zip off pant leg

## CANVAS SHOES

must be comfortable

## JACKET/SWEATER

waterproof shell, warm jacket or sweater

## EXTRA BATTERIES

for cameras etc.

## POWER CORDS

to all electronics

## EXTRA MEMORY CARDS

## PASSPORT

## VISAS

to all countries visited

## INOCULATION CERTIFICATES

## AIRLINE TICKET

## MEDICAL INSURANCES

out of country medical insurance.

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